



she conquers  
Empower Protect Advance

BOOK-  
MARK  
YOUR  
FUTURE

empower protect advance

The  
**She Conquers  
campaign** will take  
place over the next  
three years to improve  
the lives of adolescent girls  
and young women across  
South Africa.

## Adolescent girls and young women are the future of South Africa, but they face many challenges:



### High HIV infections

- 1 975 girls and young women are newly infected every week



### Unwanted pregnancy

- 70 000 babies are born each year to girls under 18



### Sexual and gender-based violence

- One-third of girls and young women experience abuse



### High drop-out rate for school

- Your education is important



### Unemployment and poverty



# What will *She Conquers* do?

## Help girls and young women to:

- Gain the knowledge to avoid HIV and other STIs
- Avoid unwanted pregnancy
- Stay in school
- Stand against sexual and gender-based violence
- Access educational and economic opportunities

# How?



**Increase access to services** - health, educational, job and academic



**Listen to young people** to learn what their needs are



**Help you reach your goals** by working together

# How can you conquer?

## Join the movement:



**Know your HIV status. Encourage your partner to get tested.**



**Protect yourself! Use contraceptives, including condoms.**



**Stay in school and complete matric.**



**Unite against abuse and violence!**



**Discover your potential and maximise your economic opportunities**