



**she conquers**  
Empower Protect Advance

BOOK-  
MARK  
YOUR  
FUTURE

empower protect advance

The  
**She Conquers  
campaign** will take  
place over the next  
three years to improve  
the lives of adolescent girls  
and young women across  
South Africa.

## **Adolescent girls and young women are the future of South Africa, but they face many challenges:**



### **High HIV infections**

- 1 975 girls and young  
women are newly infected  
every week



### **Unwanted pregnancy**

- 70 000 babies are born each  
year to girls under 18



### **Sexual and gender- based violence**

- One-third of girls and young  
women experience abuse



### **High drop-out rate for school**

- Your education is important



### **Unemployment and poverty**



# What will *She Conquers* do?

Help girls and young women to:

- Gain the knowledge to avoid HIV and other STIs
- Avoid unwanted pregnancy
- Stay in school
- Stand against sexual and gender-based violence
- Access educational and economic opportunities

## How?



**Increase access to services** - health, educational, job and academic



**Listen to young people** to learn what their needs are



**Help you reach your goals** by working together

## How can you conquer?

Join the movement:



**Know your HIV status. Encourage your partner to get tested.**



**Protect yourself! Use contraceptives, including condoms.**



**Stay in school and complete matric.**



**Unite against abuse and violence!**



**Discover your potential and maximise your economic opportunities**

**FIND US ON:**   **She Conquers SA**